

REFLUX RELIEF™

*A unique combination of naturally derived mineral salts to maintain stomach acid balance and exclusive freeze-dried extracts of several soothing herbs to promote healthy gastric mucous membranes.**

DIRECTIONS

Adults chew two tablets and allow to dissolve slowly in the mouth. Repeat as needed up to a total of six tablets daily or as directed by a qualified health care professional.

DESCRIPTION OF FORMULA

Reflux relief is a special combination of botanical and mineral nutrients specifically designed to provide relief for occasional heartburn and acid indigestion while promoting healthy stomach function. The mineral salts Nahcolite and Limestone, extracted from ore bodies are a natural source of Sodium Bicarbonate and Calcium Carbonate which work as alkaline neutralizers to maintain stomach acid balance. The freeze-dried extracts of soothing plants such as certified organic Barley, Licorice, Chamomile, and Aloe are naturally processed to ensure optimum concentration and maximum absorption to promote healthy gastric function.*

Natural Calcium Carbonate, also known as Limestone, is a pure mineral found in nature in sedimentary deposits. Limestone is unlike the calcium carbonate which is produced through chemical processes. Limestone is extracted exclusively from natural sources with traditional mining techniques and then micro-granulated. The chemical properties of Limestone make it both a Calcium integrator and an alkalizing salt, capable of exerting a buffering action in the presence of acids and supporting sensitive mucous membranes.

Natural Sodium Bicarbonate extracted from Nahcolite deposits which exists in nature in large geologic masses found at a depth of more than 500 meters. Sodium Bicarbonate from Nahcolite is unlike chemically manufactured sodium bicarbonate which exists as an "amorphous" salt. Nahcolite's chemical properties make it an alkalizing salt, capable of exerting a buffering action in the presence of acids.*

Aloe vera is a plant native to the warm regions of the West Indies. By cutting into its thick leaves its medicinal properties are apparent in the rich, transparent, and mucilaginous gel it contains. The mucilaginous materials are rich in therapeutic polysaccharides. These polysaccharides act as both a detoxifying and protective material within the lining of the intestines, and also inhibit the secretion of stomach acids. Thanks to the particular qualities of polysaccharides, Aloe gel also contributes to the creation of an ideal habitat for the

Supplement Facts

Serving size: 2
Servings per container: 22.5

| | Amount Per Serving | %Daily Value |
|---|--------------------|--------------|
| Calcium (as natural calcium carbonate from Limestone) | 370 mg | 37%* |
| Sodium (as natural sodium bicarbonate from Nahcolite) | 84 mg | 4%* |

Proprietary Blend 136 mg †

Organic Aloe (*Aloe vera*) leaf gel concentrated 200:1, correspondent to 8.5g Aloe fresh juice; Organic Barley (*Hordeum vulgare*) seed freeze-dried; Organic Licorice (*Glycyrrhiza glabra*) root freeze dried extract; *Liguflos*® - Organic Chamomile (*Matricaria recutita*) flower freeze-dried extract, Organic Marshmallow (*Althaea officinalis*) root freeze-dried extract.

* Percent Daily Value is based on a 2,000 calorie diet.

† Daily Value not established

Other ingredients: Cane sugar, spearmint natural flavor, and acacia gum

proliferation of a healthy intestinal bacterial flora. Clinical studies on Aloe gel have shown its ability to regulate digestive tract functioning.*

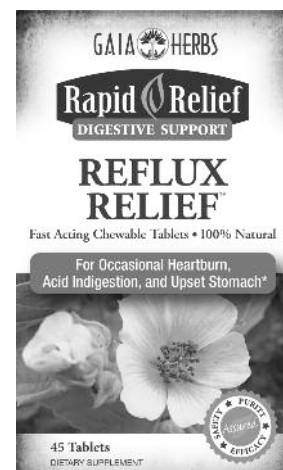
Barley seeds have been shown to have high mucilage content that can create a protective film on the intestinal tract and reinforce the defensive capabilities of the mucous membranes. It also decreases their sensitivity to injury.*

Licorice root exerts a protective action on the walls of the stomach; it also increases the secretion of mucin, a naturally produced gastro-protective substance. Licorice has been reported to be a co-adjuvant for gastritis and gastric and duodenal ulcers in the World Health Organization monographs. The active ingredients in Chamomile flowers exert protective actions on the mucous membranes and soothe sensitive tissues. European monographs recommend it for minor gastrointestinal disturbances including minor spasms, epigastric distention, flatulence, and eructation.*

Marshmallow is native to Europe though is now commonly found in the United States. It has a long traditional history of use in both the Eastern and Western traditions. Due to its high mucilage content, Marshmallow is known for its ability to soothe irritated mucous membranes including those of the stomach and intestines. It is also often used as an ingredient in lip balms and skin lotions for the same purpose.*

SAFETY EVALUATION

Due to the presence of rich mucilage plants and sodium bicarbonate, this product may interfere with the absorption of concomitantly administered drugs. Since this product contains mineral salts, consult your physician if you are following a low sodium diet or if you have kidney disorders. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before using this product.*



COMPLEMENTARY HERBS AND USEFUL ADVICE:

CHIA*Fresh*[™] Daily Fiber provides rich mucilaginous properties to the GI tract. Likewise, Serenity Phyto-Caps[™] or our Chamomile Liquid Extract can also be useful when gastric acidity may be the consequence of anxiety or stressful conditions.

Some useful advice for those suffering from excessive gastric acid reflux may be to: eat smaller amounts more often to control gastric secretions; avoid large, heavy meals; avoid extended periods of fasting; avoid certain foods such as tomatoes, fried or fatty foods; limit intake of coffee, carbonated beverages and alcohol; stop or decrease smoking; do not lie down immediately after eating; avoid tense or stressful situations.*

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.